## Birkman Team Retreats Info Package





# INTRODUCTION

### BIRKMAN TEAM RETREATS



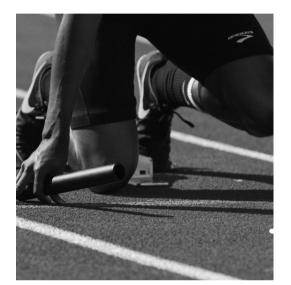
One of the biggest challenges in life is getting along and effectively communicating with others. Every team has similar objectives: **members must successfully engage with one another, solve problems, and achieve goals.** 

The <u>Birkman Retreat Experience</u> walks your group through the team building process by **creating a common language** for communication within teams and enables individuals to understand their own personality strengths. Team building with Birkman reports establishes a solid foundation for teams to increase their emotional intelligence and productivity.

### birkman team retreat

## The Experience





## Individual Birkman Discovery Sessions

First, each team member will complete their Birkman Questionnaire and experience a 2 hour private discovery session with one of our Birkman trained consultants. These sessions are deeply informative and insightful for individuals, impactful for both their professional and personal lives.

In these sessions, they will explore in depth insights into what motivates them, what they need from their environment, and what will help them operate optimally.

### **2** Team Retreat

After everyone has completed their discovery session, the whole team gets together for a 3 hour retreat session (usually offered virtually).

These sessions follow a general format including:

- A team building activity, built from each person's psychometrically validated report sets
- Presentation + discussion around the core aspects of each person's report
- An area of focus that we pick together to discuss, most relevant for your team







## birkman team retreat pricing + contact

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#### **Discovery Sessions**

Includes Birkman questionnaire processing + 2 hour discovery session.

\$1150 / session - Olivia Szostek \$1400 / session - Dave Phillips





#### Virtual Team Retreat

A 3 hour virtual retreat experience with both Dave + Olivia.

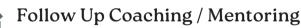
\$3500 / Half Day (4 hours)



#### Live Retreat

A full day event live and in person.

\$6500 / Out of town Event \$4500 / Vancouver based Event



Follow up coaching or mentoring is available with either Olivia or Dave Phillips.

Dave Phillips - \$600 / hour Olivia Szostek - \$275 / hour





Contact Olivia at olivia@dphillips.com for more information + booking.